



# BEACON

Lakeview Lutheran Church

Madison, Wisconsin

June/July/August 2007

## A Note from the Pastor

Dear Friends,

Twenty-five of us just returned home from a week of work in St. Bernard Parish Louisiana. We worked hard to rebuild homes and community services. We worked with hospitable, caring, wonderful homeowners and residents who have lived in St. Bernard Parish all of their lives. People in the Parish are employed in the oil industry, assuring that Wisconsinites have fuel to heat our homes during the harsh winters. Other significant employment in St. Bernard Parish is within the seafood industry. If you like to eat seafood or enjoy a Friday night fish fry, you can thank the folks who live and work in St. Bernard Parish. Finally, the residents of the parish repair navel ships. There were three of them in port on the Mississippi River for repairs while we were there. (*Those are some big boats!*)

People in the Parish are not wealthy. A shrimper receives \$3.00 a pound for large shrimp that they bring off their boats. Compare that to what you pay per pound at Copps. Oysters go for \$15 a bushel size bag. There are about 15 dozen in this container.

Today, nearly 2 years after Hurricane Katrina flooded the entire parish with up to 22 feet of water, making all of the 27,000 homes inhabitable, the people continue to live without services and in horrendous conditions. Many people remain in FEMA trailers where formaldehyde gas is now leaking from the walls and being breathed by young children.

The entire ground has been contaminated with oil from the Murphy oil tank spill during the flood. The ONLY medical services in the entire parish are in FEMA trailers in the parking lot of what used to be a Wal-Mart. The sewer system does not work and is being pumped at a cost of \$1 million per day. Many streetlights do not exist making intersections dangerous. Some spots are without electricity. The United States Post Office remains exactly the way it was when the waters receded. Mail service must come from another location. Seventeen schools existed in the parish before the storm. Last week there was one school operating with over 2000 elementary students and 1000 high school students. There are no businesses. The Wal-Mart, K-Mart, Taco Bell, Staples, Joanne Fabrics, McDonalds, Walgreens, Pay-less Shoes and many others stand without windows, roofs and covered in dried sludge (the sludge is river mud mixed with oil from the oil spill). There are no grocery stores in all of St. Bernard Parish. Depression and suicide rates are high.

If people did not live and work in St. Bernard Parish, our oil supply would be affected, so would our fish and seafood habits here in Wisconsin. If people did not live and work in St. Bernard Parish, the United States Navy would be impacted. If we do not maintain the Mississippi River channel and gulf outlet appropriately, importing and exporting goods to and from the Midwest will be impacted and the marshland will continue to recede making the mainland of our nation even more vulnerable to hurricanes and

gulf storms. This will affect wildlife and food supplies and human inhabitants. We have the ability to make small changes in the Parish through our work trips there. The big changes must come through federal and state government. Therefore, I would encourage you to contact our federal government representatives and urge them to work for the protection of marshland along the Louisiana coast. Urge those with governmental influence to build levees to protect the people and the industry of St. Bernard Parish. Urge governmental leaders to protect the environment and to work for clean water, air and soil in the parish and to assist with returning medical and other services to the people who live there. The situation in St. Bernard Parish is not good and we are called, as the people of God, to be caring and compassionate toward all of God's people.

To email Senators Russ Feingold and Herb Kohl go to [http://www.senate.gov/general/contact\\_information/senators\\_cfm.cfm](http://www.senate.gov/general/contact_information/senators_cfm.cfm). Mailing addresses include:

Tammy Baldwin  
10 East Doty Street, Suite 405  
Madison, WI 53703  
608-258-9800

Russ Feingold  
1600 Aspen Commons  
Middleton, WI 53562  
608-828-1200

Herb Kohl  
14 West Mifflin Street, Suite 207  
Madison, WI 53703  
608-264-5338

Peace,  
Pastor Dean Kirst



## Youth Car Wash and Bake Sale



Come and help our 13 youth going on the summer mission trip to Toronto. They will be hosting a car wash at the church on Saturday, June 2 from 10:00 am until 4:00 pm. Come over and have your vehicle cleaned up nice and shiny and then make

a contribution toward their trip. Invite your neighbors to do the same. At the same time, they will host a bake sale in front of Pierces Grocery Store. So stop in there while getting your weekend groceries and support the youth with the purchase of some good cookies, bagels, breads etc.



## Habitat Build in Dane County

Haven't you signed up to help us build three condominiums in Sun Prairie for Habitat for Humanity of Dane County? You are invited to do so immediately. No experience is necessary. You will be trained on site. Contact Luther Torgerson immediately to be a part of this great outreach project. Luther can be reached at [ltorger@aol.com](mailto:ltorger@aol.com).

## Got Canadian Money?

Remember, if you have any Canadian money laying around your house that is left over from a trip to Canada and you won't be using it, you can donate it to the youth trip this summer. Just bring it to the church office or give it to Pastor Kirst. Thanks.



The next Red  
Cross blood drive  
at Lakeview will  
be on  
July 10, 2007.

### What is -

- 1.5 or 3.5 miles long or 14 miles around a lake?
- helps hungry people in Madison and around the world?
- gives you some great exercise?
- is an ecumenical activity in its 33<sup>rd</sup> year? and builds community and teamwork for our Lakeview congregation?

### It's the Madison Area CROP Hunger Walk/Bike Rock Event

on Sunday, October 14.

Mark your calendar NOW – save that date – we need ALL of you to participate to keep our record going as the TOP Madison participating church. That's right - last year Lakeview surpassed Lake Edge UCC and was the top church both in the number of participants – 65, and in dollars raised - \$ 8,293.00. BUT, that won't happen again unless you help us out. We need you to come join us walk or bike or rock in a rocking chair. We need you to raise pledges by asking people to sponsor you. We need you to join the Lakeview website team to email your family, friends and relatives and ask them to support you with a donation. We need you to sponsor other Lakeview members who do participate. AND – we need you to buy one of those great Lakeview T-shirts and show Madison that WE are Lakeview and WE take a stand against hunger in our community and in the world!



## Parking for Rhythm and Booms

As in the past, the youth going on the mission trip will manage the church parking lot for Rhythm and Booms parking. They will open the lot at 3:30 pm on Saturday June 30. Once all slots are full, they will close the lot. They will be asking for a donation of \$10 per vehicle. Reservations are NOT taken. First come, first served. Large buses and campers cannot be accommodated. Rain checks will be given in case the show is canceled and rescheduled. For the protection and care of our building, we cannot open it for bathroom use. If you know of people looking for late day parking to come and see the fireworks, the Lakeview lot is the perfect spot. By the way, no one will be parked in so people can leave the lot whenever they wish. Help support our youth mission trips!



## Summer Worship

It is good to relax and refresh ourselves during the summer season. And in Wisconsin, that is a very short season so we need to cram lots of stuff into those few weeks. Enjoy summer and the lighter schedule that often comes with it. At the same time, remember to worship the God who keeps on loving us even in warm weather.

Services at Lakeview are at 5:00 pm on Saturday in the historic Chapel or 9:00 am on Sunday in the Sanctuary. Feel free to dress casual in the summer. The building is not air-conditioned. God delights in your presence and the gathering of all God's people can be uplifting and offer support to one another. Even on vacation to exotic locations, worship services are available. Have a great summer!





## From the Parish Nurse

### Monthly Healing Services

The healing services will be held on the Second Tuesday of each month at 7:00 pm in the historic chapel.

The dates are:

June 12

July 10

August 14

A **weekly 30-minute walk** in Warner Park with the Parish Nurse will begin on **Monday morning June 11 at 9:00 am**. We will meet at Warner Park. Please contact the parish nurse for more information. You can reach Anne Tigan, parish nurse, at 244-6181 or [nurselkview@charterinternet.net](mailto:nurselkview@charterinternet.net)



### The Way You Walk

Gait disorders increase your risk of falling and may signify an underlying condition. Here's how you can keep your stride strong.

#### What you can do . . .

Here are some ways you may be able to minimize your risk of developing conditions that affect how you walk:

- ◆ Get 30 to 45 minutes of aerobic exercise, such as walking, 5 days a week.
- ◆ Do stretching and range-of-motion exercises to maintain flexibility.
- ◆ Get plenty of calcium and vitamin D to maintain strong bones.
- ◆ If you have diabetes, closely monitor your blood sugar to avoid neuropathies that can impair your walking ability.
- ◆ Take part in physical therapy or supervised exercise if you have difficulty with balance, strength or endurance.

*Men's Health Advisor/August 2006*

### What's good for the body is good For the spirit as well

As people grow older, it is very important to keep motivated, to say to your self, "*I can do it*." Regular exercise is even more important for seniors than other age groups since the risk of disease and lost mobility is greater and the positive effects are realized more quickly. But, as we all know, the hardest part is getting started . . .

Tips for getting started:

- ◆ Look for daily opportunities to exercise in work and play. Force yourself to walk by parking your car several parking aisles away from the store or your office entrance and walk briskly!
- ◆ Choose an exercise you like and stick with it.
- ◆ Use the buddy system. Arrange to have a friend meet you—it's harder to say no to exercise when you exercise with a friend.
- ◆ Walk, swim, climb, bicycle, dance, fish!
- ◆ Join a walking group or visit your local Y, recreation center, park, church, or senior center.

**Remember, it's never too late to start!**

### Annual Health Fair

**Sunday, October 7, 2007**

Put this date on your calendar, now!!

Anne Tigan, Parish Nurse



### Food Pantry Needs . . . The shelves are empty!!

And we are in dire need of:

**canned fruit  
pudding cups  
Applesauce  
mac & cheese**



## Vacation Bible School

Vacation Bible School this year will be for all ages—no one is too old! It will be from 6:00 to 8:00 pm on June 18-21. There will be a

potluck for everyone at 6:00 pm on June 21. Mac and Cheese, beverages, cake and ice cream and table service will be provided. You are asked to bring some food to share. Advance registration is helpful in planning for this event. Please use the form included in this newsletter. If you are unable to register in advance, you may do so on the first evening at 5:30 pm in East Hall.

### Donations for VBS

Can you help our VBS program by donating any of the following?

- ◆ water balloons
- ◆ any type of cake decorating supplies-sprinkles, tubes of colored frosting etc.
- ◆ any usable make-up, theater make-up or body paints that you wish to clean out of the cupboard
- ◆ hair wigs or hairpieces for men or women that you no longer have a need for
- ◆ fake eyelashes
- ◆ gaudy jewelry-big, bold and bright waterproof
- ◆ markers and/or paints for cloth
- ◆ clean usable 9oz size paper cups
- ◆ sturdy disposable plates-dinner size and dessert size
- ◆ paper napkins for snacks

Just bring your items to church. Thanks for helping to keep costs down.

## Synod Assembly 2007

On May 3rd through 5th, Ken Smith and Linda Osterhaus represented Lakeview at the 2007 Synod Assembly. The main focus of this Assembly was to elect a new Bishop for a six year term. Thirty-one candidates were pared down to the final three. Pastor Bruce Burnside of St. Stephen's in Monona was elected and begins serving his term July 1st, taking over for Bishop George Carlson.

Many resolutions were voted upon also. Resolutions that passed included #1 Recognition of the Centennial of Lutheran Campus Ministry, #2 In Support of Campus Ministry, #3 a Faithful Response to Global Climate Change, #4 Resolution against Torture, #5 Resolution on Peace and Justice in Palestine, #6 Resolution on the Iraq War, #7 Resolution on Ex-Offender Employment and #8 Affirmation of Welcome and Inclusion of All People.

Thank you for the opportunity to represent this congregation at the Synod Assembly.

Linda Osterhaus and Kenneth Smith.

### High School Youth Play Bigger or Better

On June 21, we have a great game planned for anyone who was in 8<sup>th</sup> through 12<sup>th</sup> grade this past school year. It's called "Bigger or Better." Those who participate will go out in teams with a van and an adult driver. You will go to houses in the neighborhood and make trades to find the biggest or the best item to bring back to the church after an hour of playing the game. When all teams return, we will have fun seeing what each team has acquired. It's wild and wacky and just plain fun. Rene Puzach is coordinating and leading this event. So, use the Vacation Bible School form to register. Then arrive at church at 6:00 pm on June 21 to eat supper at the potluck. Then get ready to go out in teams for some fun. We'll all be waiting to see what you bring back! Your friends are invited to participate also. There is no cost.

## WELCA NEWS

It is not too late to register for the WELCA Convention at Reedsburg July 13 – 14. Please feel free to call me for details. "In Kind Gifts" that will be collected for the following; the recipient organization is Sharing Resources Worldwide. This organization was founded in 2002 by two Registered Nurses working in the Madison area. The focus of SRW is:

- Shipping medical supplies and equipment to need-identified areas around the world.
- Medical mission to needy areas around the world with local volunteers.
- Identifying and assisting local organizations/groups that need help.

Items needed that will be collected and taken to convention:

- Infant/newborn knitted hats
- Newborn socks or booties
- Combs
- Over the counter Tylenol – either tabs or liquid
- School supplies - basic supplies
  - Wire bound notebooks, pens and pencils, crayons, markers, loose leaf paper, unlined or copy paper,
  - construction paper, erasers, back packs, rulers.

There will be a container in the narthex for you to bring any of the above to Church. Linda Osterhaus and I are attending the convention and will take these items along.

The summer three-session Bible study will include: "With the Message of Jesus", "Like the First Evangelists", "The Power of the Holy Spirit." Starting in September, we will study "Blessed to Follow: the Beatitudes as a Compass for Discipleship". The September lesson is "Count Your Blessings".

Have a Great Summer...  
Keep the Faith,  
Shirley Storkson

## Congratulations Graduates

This year, our high school graduates are both from East High School. They are Cody Castillo, son of Bill and Patty Castillo and Kevin Brown, son of Jerry and Pam Brown. Cody and Kevin have been very active in youth activities here at Lakeview during their high school years.

They will both be attending the mission trip to Toronto this summer. It has been a joy to have these guys participate and we will miss them as they move on to a new phase in their lives. The congregation at Lakeview wishes Cody and Kevin good luck and much happiness as they leave high school and move on to new experiences. On Sunday, July 1, we will have cake and punch in their honor at 10:00 am as we send all of the high school youth forward that day on their mission trip. Join us!



## Adults and VBS

Pastor Kirst will be leading the adult team at Vacation Bible School this year. There will be Bible study and some fun team activities. We will also participate with the youth in various activities. If you would like to be a participant, please register using the VBS registration form in this newsletter. For those who choose not to attend every day, you are still invited to attend the pot-luck and final activities on Thursday, June 21.



**Monday—Thursday,**  
**8:30 am—4:00 pm**  
**Friday,**  
**8:30 am—12:00 pm**

Lakeview Lutheran Church  
4001 Mandrake Road Madison WI 53704  
608-244-6181

Vacation Bible School-June 18-21, 2007 6:00 to 8:00 pm  
“Playing on the Team-Spreading the Gospel through Word and Deed”



**REGISTRATION FORM FOR ALL AGES**

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Participant's Name and Age and Gender

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Participant's Phone and Email address

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If participant is under age 18, parent/guardian name(s)

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If participant is under age 18, parent/guardian address and phone

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Allergies or medical needs of participant

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Dietary restrictions of participant

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Hospital of preference

*This year, participants will be grouped in “teams” according to their age. Youth teams are for those from age 3 through 7<sup>th</sup> grade, 2006-07 school year. Adult teams will include 8<sup>th</sup> graders through later adult years-no one is too old! Each team will have 2 team leaders.*

If the participant was in 8<sup>th</sup> through 12<sup>th</sup> grade this past year, they are eligible to participant in the “Bigger or Better” event led by Rene Puzach and beginning immediately after the potluck on Thursday evening, June 21.

Will you be participating? Yes\_\_\_\_ No\_\_\_\_

How many folks from the participant's household and/or guests do you anticipate will attend the potluck on Thursday evening June 21 at 6:00 pm? \_\_\_\_\_

**Daily Themes**

June 18-Jesus Calls His Team

June 19-Jesus Sends His Team

June 20-Paul Values The Whole Team

June 21-We Are The Team